



# 1st Training Course on Neuro-Critical Patient Care

Mnazi Mmoja NED Institute, Zanzibar (Tanzania)



## Course Objectives:

Train and prepare professionals in the neuro-critical patient care in the Mnazi Moja NED Institute (MMNI) in Zanzibar, Tanzania.

The purpose of the training course is to provide basic training of health workers who provide assistance to neuro-critical patients, achieving the following objectives:

- ✓ The nurses and doctors should be familiar with the warning signs that may show a deterioration of the patient.
- ✓ Get basic theoretical training and practice to identify warning signs of neuro-critical patients.
- ✓ Establish the essential elements of urgent medical care in neurosurgical situations.
- ✓ Develop specific skills related to Nursing care in the ICU (Intensive Care Unit)
- ✓ Prepare quickly and efficiently the neurocritical box.
- ✓ Learn and practice different types of suture.



## Course Content:

### Monday, 16th of november

1. **Reception of patients. Basic patient monitoring and control (nurse registration sheet).**  
*Christine Wanja*

### Tuesday, 17th of november

2. **Oxygen and aerosol therapy. Drug administration.**  
*Christine Wanja*

### Wednesday, 18th of november

3. **Neurologic evaluation: Glasgow Coma Scale. Warning signs.**  
*Dra. M<sup>a</sup> Teresa Bovaira*

### Thursday, 19th of november

4. **Basic and Advanced Life Support.**  
*Dra. M<sup>a</sup> Teresa Bovaira*

### Friday, 20th of november

5. **Complicated postoperative care. Head trauma.**  
*Dra. M<sup>a</sup> Teresa Bovaira*
6. **Suture workshop.**  
*África Sánchez & M<sup>a</sup> Pilar Chisbert*

*The 2 first days will be only for nurses. From 3rd to 5th for nurses and doctors.*